

Find a Dietitian in the Timiskaming Region!

Dietitians are regulated healthcare professionals who work to make it easier for the public to make healthy eating choices. They translate scientific research about nutrition into practical solutions for individuals, families, and organizations. You can find dietitians working in hospitals, long-term care homes, public health units, family health teams, and in private practice to name a few.

Dietitians who work at Timiskaming Health Unit work to make the healthy eating choice the easy choice where we live, work, and play in order to improve the health of our population and prevent nutrition-related disease. You can contact a dietitian at THU if you are interested in working together to make the healthy choice the easy choice in a school, child care centre, workplace, or recreation setting. Call 705-647-4305 to learn more about this opportunity.

If you are interested in meeting with a dietitian one-on-one, this is a service available to local Family Health Team and Community Health Centre clients. Dietitians can meet with clients to discuss a variety of nutrition topics such as: infant feeding, weight management, managing a condition such as diabetes, emotional eating, sports nutrition, and many more!

Timiskaming Primary Care Dietitian Directory

Organization and Location	Area of District Phone	Registered Dietitian	Referral Process and Service Details
Centre de santé communautaire du Témiskaming 20 May Street South, New Liskeard 22 Water Street, Kirkland Lake	Earlton : 705-563-8110 New Liskeard: 705-647-5775 Kirkland Lake: 705-567-1414 Larder Lake : 705-643-2442 Virginiatown : 705-634-2223	Maryse Reinhardt Véronique Seguin	Referral Process: Self-referral if a client of the CSCT.
Englehart and District Family Health Team (FHT) 63 Fifth Street, Englehart	705-544-2321	Sarah Chaisson	Referral Process: Self-referral or referred from a health care professional within the FHT.
Great Northern FHT 285 Whitewood Avenue, New Liskeard Additional Sites: Bridgetop Medical Clinic Temiskaming Hospital	705-647-6100	Stephanie Bowdrey	Referral Process: Self-referral if client of the FHT. If not, referral required.

Haileybury FHT 95 Meridian Avenue Haileybury Other Sites: 293 Meridan Ave. 484 Ferguson Ave 494 Ferguson Ave.	705-672-3371	Stephanie Bowdrey	Referral Process: Self-referral if client of the FHT. Can book appointment online.
Temagami FHT 17 O'Connor Drive, Temagami	705-569-3244	Stephanie Bowdrey	Referral Process: Self-referral if a client of FHT.
Kirkland District FHT 2 Water Lane, Kirkland Lake	705-567-2224	Kelsey Mackinnon	Referral Process: Self-referral if a client of FHT.
Timiskaming Diabetes Program 12 Hesse Ave, New Liskeard 145 Government Rd E, Kirkland Lake	705-647-8722 705-568-2134	Katherine Rivard Shabnam Jabrani	Free service for anyone with prediabetes or type 2 diabetes. No referral required, call to make an appointment.